

APA Headings

In APA, there are four levels of headings. Level 1 is bold, centered, and uses headline-style capitalization.

Level One

Level 2 is bold, flush left, and uses headline-style capitalization.

Level Two

Level three.

Level 3 is bold, indented, and uses sentence-style capitalization. It ends with a period and is immediately followed by the text (on the same line).

Level four.

Level 4 is bold, italicized, indented, and uses sentence-style capitalization. It ends with a period and is immediately followed by the text (on the same line).

Level five.

Level 5 is indented, italicized, lowercase, and uses sentence-style capitalization. It ends with a period and is immediately followed by the text (on the same line).